

## The Giving Season

November 28 is the special day of giving known as Giving Tuesday. Aging Best, along with our fellow non-profit organizations around the globe look forward to the support we receive each year. Created in 2012, it is a day that encourages people to do good. Since then, it has grown into a year-round global movement that inspires hundreds of millions of people to give, collaborate, and celebrate generosity. This special day is only the beginning though. The hope is that the donations and volunteering will continue throughout the holiday season.

Giving Tuesday is also the day we kick off the annual CoMoGives campaign, a program that shines a light

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on our local non-profits and makes it easy to support them. Read on to learn more about this amazing opportunity.



The annual CoMoGives campaign is an online fundraiser that supports high-impact nonprofits, such as Aging Best, throughout Mid-Missouri. We are excited to be included and hope to reach our goal of \$10,000. We appreciate the support we received last year and are excited to see what 2023's campaign will bring.

Donors can make a single donation of any amount to one, two, ten, or more organizations from November 28th – December 31st, 2023. All the money that is raised through the CoMoGives campaign goes directly to the participating nonprofits.

Donations received are used to support Aging Best's services which help to meet the needs of older adults in our local communities. We continue to add new and innovative programs with the goal of helping our growing population of aging adults remain independent, active, healthy and socially engaged. Each and every donation we receive makes it possible for us to provide services to more aging adults in our communities.

How can you donate? Beginning Tuesday, November 28 - December 31,

you can donate online at <https://comogives.com/product/aging-best-area-agency-on-aging>. Together we can make a difference!



As part of a national partnership with Meals on Wheels America, Subaru of America, Inc. and its retailers will donate a minimum of \$300 to charity, like Meals on Wheels, for every new vehicle leased or sold from November 16, 2023, to January 2, 2024.

Since the Subaru Share the Love Event began in 2008, Subaru and its participating retailers have donated more than 4.3 million meals and helped provide friendly visits to seniors being served by local Meals on Wheels programs across the country. For more information about Share the Love visit [www.mealsonwheelsamerica.org/sharethelove](http://www.mealsonwheelsamerica.org/sharethelove).





# Holiday Trivia



To start the holiday season, let's see how good we are at some tough trivia.

**In what country did the song Silent Night originate?**

A) Germany, B) Austria, C) United States

**What year was the Rockefeller Christmas tree first displayed?**

A) 1933, B) 1941, C) 1936

**Which president made Thanksgiving a permanent U.S. holiday?**

A) James Buchanan, B) Abraham Lincoln, C) Ulysses S. Grant

**What large former retail store commissioned and published Rudolph the Red-Nosed Reindeer?**

A) Montgomery Ward, 2) JC Penney, 3) Sears

**How many turkeys are prepared for Thanksgiving in America each year?**

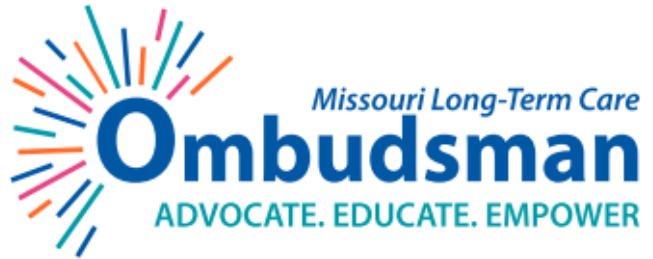
A) 46 million, B) 22 million C) 1.5 billion

**The song "Have Yourself a Merry Little Christmas" is originally from what movie musical?**

A) My Fair Lady, B) Meet me in St Louis, C) Singing in the Rain

These were some pretty tough questions. Trivia questions are always

a fun way to reflect on the past and appreciate how many of our traditions originated. The answers along with more detail about each can be found on page five. How many do you think you got correct?



If you have a friend or relative in a long-term care home there are several things you can do to assist them. The Missouri Long-Term Care Ombudsman program suggests:

- You can have the Ombudsman help in developing a good relationship with the home's staff.
- You may call the Ombudsman for advice and assistance on behalf of your loved one.
- You may ask questions about your loved one's care, charges for care or about obtaining services for resources outside the home.
- You can get information about the state regulations that apply to your loved one's home.

For more information about volunteering for the Ombudsman program call 573-476-5746 or email [rgiger@agingbest.org](mailto:rgiger@agingbest.org).

# Recent Activities



**Mexico Senior Center**



**Osage Beach Senior Center**



**Sayers Senior Center**



**California Nutrition Center**



**Eldon Senior Center**



**Hughes Senior Center**



**Dixon Senior Center**



**Salem Senior Center**





# Holiday Trivia Answers



## **In what country did the song Silent Night originate?**

*Austria. As a heartwarming Christmas miracle, it was sang during the impromptu WWI Christmas truce. Because it was a carol popular in both English-speaking and German-speaking countries, it was known by both sides. Both sides sang it in their respective languages*

## **What was the first year that the Rockefeller Christmas tree was on display?**

*1933, which was the year the Rockefeller Plaza opened.*

## **Which president made Thanksgiving a permanent U.S. holiday?**

*Abraham Lincoln issued the proclamation on October 3, 1863.*

## **What large former retail store commissioned and published Rudolph the Red-Nosed Reindeer?**

*Montgomery Ward. Rudolph first appeared in 1939 when Montgomery Ward department store asked one of its copywriters, Robert L. May, to create a Christmas story the store could give away to shoppers as a promotional gimmick.*

## **How many turkeys are prepared for Thanksgiving in America each year?**

*46 million turkeys are estimated to be prepared each Thanksgiving in America.*

## **The song "Have Yourself a Merry Little Christmas" is originally from what movie musical?**

*The song first appeared in the 1943 film Meet Me in St Louis and was sang by Judy Garland to young Margaret O'Brien.*